



Amityville Acupuncture & Wellness



www.amityvillewellness.com

631-691-0200

Who We Are

Amityville Acupuncture & Wellness believes in treating people using a holistic method of diagnosis and therapy plans. Through our wellness practice, we are able to work with patients to understand and diagnose their condition, build a custom-tailored treatment plan, and provide results through careful and beneficial treatment. Providers co-manage patient cases allowing Amityville Acupuncture & Wellness to give the best possible care to all.

Whether you are looking for overall life balance, seeking clinical treatment, or just curious - Amityville Acupuncture & Wellness is your local resource for acupuncture, cosmetic acupuncture including microneedling, massage and health & wellness.

Yes, we take insurance!
Our Patient Account Team is here to help you!

Insurance Coverage

BCBS, Empire plan/ NYSHIP, Northwell, No Fault, Workers Compensation and Veterans have acupuncture coverage at our office. As well as many others!



Acupuncture - Custom Therapy

Custom therapy sessions used to balance the flow of energy in the body, stimulate nerves, relax muscles and connective tissue. This stimulation boosts the immune system, increases circulation, regulates hormones and improves your mood. Most major medical insurance companies cover acupuncture. No Fault and Workers Compensation can cover acupuncture as well.

Calm the Mind Specialty Acupuncture

Are you stressed? Do you suffer from anxiety? Our Calm the Mind therapy uses specific acupuncture points to release dopamine and serotonin to help regulate mood...a peaceful and calming aromatherapy scent is massaged into the body as well. This therapy is a natural method to improve emotional symptoms without the use of psychotropic medications.

Sleep Better Specialty Acupuncture

Are you having trouble sleeping? You need our Sleep Better Therapy which promotes and improves your sleep. Regulating the hormone melatonin secreted in your brain, so you can rest soundly and recover from your day. Sleep and mental health are closely connected. Sleep deprivation affects your psychological state and mental health. Insufficient sleep can have serious consequences on health, performance, productivity and happiness.

Liver Detox Specialty Acupuncture

The Liver Detox is designed specifically to make sure the body's detoxifying and elimination processes are working correctly; meaning nutrients are able to be absorbed and toxins are able to be processed and removed. This treatment includes all natural detoxifying algae bits, a manual liver dump and massage of the ribcage which promotes the release of excess heat and toxins. Treatment bundle available.

Chakra Healing Crystal Acupuncture

The seven chakras are the centers in our bodies in which energy flows through. Blocked energy in the chakra can often lead to illness. There is a strong correlation between the Chakra energy system and Traditional Chinese Medicine. Through the balancing of the seven chakras and their corresponding Traditional Chinese Medicine meridians issues involving emotion, physical ailments, immunity and spiritual blockages can be treated. During the treatment crystals corresponding to the seven chakras will be placed on the body in concert with a full, integrated acupuncture treatment. Sound and vibration are used with aromatherapy. This allows your qi (life energy) to flow freely throughout your body.

The Ninth Month 38 Weeks Pregnant or more?

Try our 9-month pregnancy treatment. Can't wait another minute to carry your baby in your arms rather than in your belly? These techniques help to support your body and baby at the end of your pregnancy by balancing your hormones, decreasing stress, anxiety, hot flashes, night sweats and much more. Schedule as Custom Acupuncture Therapy visit.

Immune Booster Specialty Acupuncture

Scientific research shows that acupuncture increases the white blood cells in the body and moderates the immune system allowing it to react swiftly and strongly to threats. The Immune Booster Treatment is an acupuncture protocol that will strengthen your immune system and decrease inflammation. This allows your body to fight allergies, viruses and infections more effectively.

Vaccine Pre/Post Recovery Specialty Acupuncture

The vaccination process purposefully activates the immune response to a specific virus. As a result the immune system is working overtime. Acupuncture and cupping therapy helps strengthen immunity while boosting a person's energy and overall health. This treatment will help optimize preparation, response and recovery to an inoculation. Our immunization specific treatment, which occurs before and again after the immunization process, targets the effect of each vaccination on the body according to Traditional Chinese Medicine pattern identification.

Vitality Boost Acupuncture

Designed specifically to balance Heart Qi, increase vitality and libido. Acupuncture has been found to be effective in treating mood regulation, boosting energy, sex drive, vaginal dryness and erectile dysfunction. This session includes a libido stimulating Chinese herbal balm applied with a roller to the inner thigh and an elixir drink which according to Traditional Chinese Medicine helps increase sexual desire.



World Health Organization: Conditions Successfully Treated with Acupuncture

Gastro-intestinal

- Acute and chronic gastritis
 - Indigestion
 - Food allergies
 - Nausea and vomiting
- Acute/chronic ulcers (pain relief)
 - Constipation/ diarrhoea
 - Colitis

Gynecological & Hormonal

- Infertility in women and men
 - Menopause
- Premenstrual syndrome (PMS)
 - Diabetes
 - Morning sickness
- Menstruation (irregular, heavy, or painful)

Heart & Circulatory

- Heart problems/palpitations
- Numbness/poor circulation

Wellness

- Fatigue, stress, insomnia
- Emotional & psychological disorders
 - Depression, anxiety
- Side effects of radiation & chemotherapy

Respiratory & Immune System

- Acute sinusitis
- Allergic rhinitis, including hay fever
 - Common cold, flu, cough
 - Immune system deficiency
- Acute bronchitis, bronchial asthma
 - Emphysema
 - Rheumatoid arthritis

Neurological and Musculo-skeletal

- Headache and migraine
- Neck pain/stiffness
- Carpal tunnel syndrome
- Arthritis /joint problems
 - Back /sciatica/ pain
 - Shoulder/ knee pain
- Sports injuries/ sprains
- Tendonitis/tennis elbow
- Cervical-brachial syndrome
 - Post-operative pain
 - Peripheral neuropathies
- Facial palsy (early stage)
 - Intercostal neuralgia
 - Facial pain
 - TMJ/jaw pain
- Meniere's disease/dizziness
 - Trigeminal neuralgia

Addictions

- Alcohol
- Nicotine
- Drugs

Kidney/Bladder

- Stress incontinence
- Urinary tract infections

Eye, Ear, Nose and Throat

- Conjunctivitis
- Toothache
- Post-extraction pain
- Chronic pharyngitis

Herbology



Amityville Acupuncture & Wellness stocks a full Chinese Herbal pharmacy of over 300 granule herbs.

Chinese herbal medicine is the most highly developed and most commonly used system of herbal medicine in the world. It can be used independently or together with acupuncture to treat a wide variety of health conditions.

Herbs are given in a standard combination or formula of approximately 4 - 15 herbs and are prescribed based on TCM pattern diagnosis.

This is taken as internal medicine or topical application.

Cosmetology

Gentle Non-Surgical Natural Treatments

Microneedling

Stimulates collagen production in the skin, which can help improve texture, tone, skin elasticity, firmness, and hydration. This reduces the appearance of fine lines and wrinkles resulting in a more youthful complexion. The tiny punctures created by microneedling increase absorption of skincare products by over 3,000% making them more effective. During the session serums are applied to the skin, enhancing collagen production, reducing swelling and promote reproduction of facial cells. The serum was created by our very own Dr. Hurme, a Doctor of Chinese Herbology for 20 years. It is customized for each patient, is organic and vegan made from Chinese herbs. Our unique serum and highly trained and licensed providers are what makes the difference between Amityville Acupuncture & Wellness and others. Prioritize positive aging and AGE WELL.

Nanoneedling

Nanoneedling penetrates the top layer of the skin allowing active ingredients to be delivered. The gentle stimulation allows the skilled licensed provider to access areas that can not be reached with microneedling such as under the eyes, around the nose and lips. Benefits of this treatment include reduced pigmentation, improved cell turnover, rejuvenation and an immediate improvement in the skin's appearance with no recovery time. During the session organic vegan Chinese herbal serums are applied to the skin while nanoneedling, to infuse the skin with herbs that are proven to enhance collagen production, reduce swelling and promote the reproduction of facial cells under the top layers of the skin. This treatment can be done on a weekly basis as an exfoliating treatment and can be used on more sensitive areas.



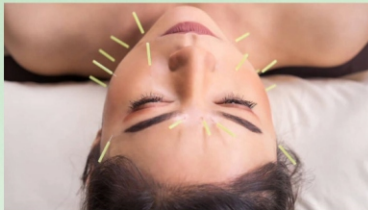
Treatment bundles available.

Red Light Therapy



Red light therapy uses low-level red light in the wavelength that can help improve the appearance of the skin by increasing collagen production, which can help to firm and tighten the skin, reducing the appearance of wrinkles and fine lines. It can also help to reduce inflammation and have therapeutic effects on conditions such as skin health, wound healing, depression, pain relief and improving sleep. Also treats wrinkles, age spots, sun damage and dull skin. FDA Approved for: anti-aging, hair loss reversal, acne pain relief, wound healing and fat loss. LED light therapy is widely used to support the appearance and health of skin by improving skin laxity and promoting collagen production. Designed for the face or body. Can be used daily. 1,226 powerful LED lights and over 15,000 lumens, you will have a great experience. Treatment bundles and packages available

Cosmetic Acupuncture



Cosmetic Acupuncture Treatment done by our Licensed Acupuncturist.

A non-surgical method of reducing the signs of the aging process. Acupuncture techniques are used to erase years off of your face. Can enhance the production of collagen via micro-injury to the skin, increase blood flow, stimulate immune responses that reduce inflammation, and activate any number of functional points that have various responses, such as reducing jaw tension or relieving anxiety.

Treatment bundles available

Massage & Cupping Sessions



Aromatherapy Immune Boosting Massage

This massage is combined with essential oils, sliding cupping and specific massage techniques designed to help your body naturally boost it's immune system.

50 or 80 minute sessions.

Cupping Massage

A method of using cups to create localized pressure by a vacuum. The suction from the cups penetrate deep into your tissues to release harmful toxins. It triggers the lymphatic system, clears the blood vessels and stretches and activates the skin. This therapy can be offered during any treatment.



Medical Massage

Covered by Medical Insurance, Worker's Compensation and No Fault. Medical massage performed with the intent of improving conditions that have been diagnosed by a medical professional.

A unique multidisciplinary approach is utilized to restore structural balance throughout the body, which allows focus on prevention and rehabilitation of musculoskeletal dysfunctions.

50 minute sessions and 40 minutes sessions.

Approval by patient account team required prior to scheduling.

Deep Tissue Massage

The ultimate stress release! This deep tissue, therapeutic massage concentrates on relieving muscular tension and spasms, due to stress, work, or physical activities. Favorite massage of Amityville Acupuncture Athletic Ironman Tri Club team members.

50 or 80 minutes sessions

Swedish Massage

Swedish Massage is an effective treatment for relieving muscle tension, physical and mental stress and pain, while stimulating circulation, bringing oxygen and nutrients to the body tissues, thereby increasing flexibility and mobility. Perfect for those who crave relaxation with their therapy.

50 or 80 minute sessions

Expectant Mom Boost

This customized massage for moms-to-be is the ultimate relaxation for those in their 2nd and 3rd trimesters... a light, soothing, rhythmic touch will ease circulation in both the legs and feet. Unwind and re-energize.

50 or 80 minute sessions.

Add on to any massage!

CBD, Warm Stone, Aromatherapy Blends... Restore, Revive,
Relax



mondays

at racine cancer care

changing the face of cancer one monday at a time.

*With Mondays at Your
Side, You Are Never Alone.*

If you are going through cancer, you have come to the right place. Monday at Racine Cancer Care provides FREE acupuncture services to anyone undergoing cancer treatment with chemotherapy and radiation.

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session!



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